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Priceless 16 pages

PHENOMENAL WOMEN OF WINDSOR ARE HONORED



Last Friday, at a ceremony held at the Windsor Senior Center, Windsor honored its fourth class of Phenomenal Women. The honorees were

announced by Windsor Human Relations Commission Chair Dr. Copeland-Smith. She was joined in congratulating the honorees by State

Representative Jane Garibay, WHRC Vice Chair Lisette LaTorre-Muszynski, secretary Jody Denno, parliamentarian

See **PHENOMENAL** page 8

NEW LIFE FOR BARTS!



By John Karas

Bart's, Windsor's landmark restaurant that was deteriorating for a long time and was

closed over the past few months, is coming back to life – and it's many friends cannot be happier. Signs of life appeared

earlier this week, when a large dumpster was placed in front of the building, and started filling little by little.

On Monday, the newspaper decide to visit, to find out what was going on, and the pair that was working inside agreed immediately to an impromptu interview.

They were Paul and Jennifer Brault and together with Fran McCormick have bought the business, they told us. The are now busy renovating, with an eye of holding a soft opening around June.

Being from Meriden, they initially had little idea exactly what Bart's means for the area, but were attracted by the nice

See **BART'S** page 9

WINDSOR BOYS BASKETBALL HEADING TO DIVISION II CHAMPIONSHIP



Photos: The Warriors celebrate last week winning the CT Central Connecticut Conference title.
Photo provided by WHS

By Woodrow Dixon

They are fighting this Saturday West Haven for the trophy.

Anthony Williams scored 22 points and eight rebounds while teammate Gyan Davis chipped in with 18 points and 12 rebounds helping the No.2 seed Windsor Warriors boys basketball team score a decisive 70-51 victory over the No.14 seed Fairfield Warde Mustangs in the CIAC Division II semifinals this past Tuesday evening March 12 at The Chase Family Arena on the campus of the University of Hartford.

Windsor now heads to the 2024 CIAC Division II Boys Basketball Championship game where they will face No.12 seed West Haven, who defeated No.8 seed Stamford 46-32 in the other semifinal game played at the University of Hartford this

past Tuesday evening.

The Windsor-West Haven Division II Championship game will be played either this coming (Saturday, March 16 or Sunday, March 17) at the Mohegan Sun Arena in Uncasville, CT. The CIAC will announce the exact date and time for the game.)

Windsor Pulls Away In Second Half

During the first half of the game both teams battled each

See **CHAMPIONSHIP** page 9

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FINANCIAL FOCUS

TIME FOR FINANCIAL SPRING CLEANING?



Dan Gilligan
Edward Jones

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Spring is almost here, which means it's time for some spring cleaning. This year, in addition to tidying your home and surroundings, you might want to consider sprucing up your financial environment, as well.

Here are some suggestions for doing just that:

- Improve your vision. Once the days are warmer and longer, you may want to get outside and clean all the winter grime and smudges from

your windows, allowing you to see the world more clearly. And you may want to bring more focus to your financial vision by asking some key questions: Is my investment strategy still appropriate for my needs, goals, and family situation? If not, what changes should I make? And am I prepared for changes in my life, such as health challenges or a need to retire earlier than planned? The answers to these and other questions can help you clarify where you are, in terms of your financial picture, and where you want to go.

- De-clutter. As you look around your home, you may find things such as expired health care products, old prescriptions, ancient cleaning solutions, and so on, in addition to duplicate household items. Most people find that eliminating this clutter gives them a good feeling – and more livable space. As an investor, you can also find clutter in the form of redundant investments – for example, you might own several nearly identical mutual funds. You might be better off selling some of these funds and using the proceeds to find new investments that can help you further diversify your portfolio. As you may know, diversifica-

tion is a key to investment success, but keep in mind that it can't prevent all losses.

- Plant seeds of opportunity. Whether they're planting camellias and crocuses or carrots and cilantro, gardeners are busy in the spring, hoping their efforts result in lovely flowers and tasty foods. And when you invest, you, too, need to plant seeds of opportunity in the form of investments that you hope will grow enough to enable you to make progress toward your goals. So, you may want to review your portfolio to ensure it's providing this growth potential, given your individual risk tolerance.

- Reduce dangers. You may not think about it that much, but your home and surroundings can contain potential hazards. Spending some time on a spring-cleaning sweep can get rid of these dangers – and devoting time to consider the possible threats to your financial security, and those of your family, can pay off, too. For starters, review your life insurance to determine if you've got enough. Your employer may offer some coverage as an employee benefit, but it might not be sufficient, so you may need private coverage. And the same is true for disability insurance, because if something were to happen to you, and you couldn't work for a while, you'd still want to protect your family's lifestyle.

Spring is a great time for brightening your physical space – and your financial one, too.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC

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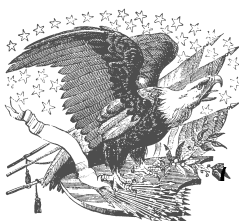
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LOCAL BUSINESS

MDC ANNUAL WATERSHED INSPECTIONS TO BEGIN



The Metropolitan District (MDC) will be conducting its state-mandated annual watershed sanitary survey and inspection program beginning this month. The purpose of the program, which will continue through November, is to prevent contamination of the MDC's drinking water supplies as a result of septic system failure, erosion, runoff, and other potential pollutants.

Routine watershed sanitary surveys are required by Section 19-13-B102 (b) of the Connecticut Public Health Code.

Property inspections will take place in the towns of Barkhamsted and Hartland on the Barkhamsted Reservoir watershed; in New Hartford, Burlington, Canton, Harwinton, Torrington and Winsted on the Nepaug Reservoir watershed; and in the towns of Avon, Simsbury, Bloomfield and West Hartford on the West Hartford and Reservoir No. 6 watersheds.

Routine field inspections take only a few minutes and will be conducted by MDC's Watershed Inspector who carries appropriate MDC identification and drives an authorized MDC vehicle. The Inspector does not enter homes; the inspection is limited to the exterior portions of the real property. In 2023, the MDC inspected 1020 watershed properties.

If a violation or an issue is detected, it is reported to the property owner and health officials as required by law. Property owners may receive more information by contacting the MDC Watershed Management Unit, Barkhamsted Water Supply Division at 860-278-7850 extension 3120. A video short on the watershed program is available on the MDC's YouTube Channel.

<https://www.youtube.com/watch?v=U3GuWA8V9dk>





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CIVIC ORGANIZATIONS

WINDSOR WOMAN'S CLUB SPONSORING VENDOR/TAG SALE, MARCH 23



The Windsor Woman's Club and GFWC CT. are sponsoring its annual Vendor/Tag/Bake Sale on Saturday, March 23, 2024 from 9am-3pm. It will take place in Windsor at LP Wilson Community Center, 599 Matianuck Avenue in the cafe-

ria.

Our club has just celebrated our 60th Anniversary and this year our Vendor Sale has joined the Shad Derby Bureau Festival of events. We are the first event and we're grateful to kick off this annual springtime festival.

We are still accepting applications for vendors and tag salers. You may call or email Cheryl McAuliffe for more information or for an application at: cherylpmcauliffe@gmail.com or call 860-965-8388.

Thank you for your sup-

port and we hope to see you there!

Photo: (from left) Cheryl McAuliffe and Linda DiNucci, Co-Chairpersons of the Vendor/Tag/Bake Sale examining purses and jewelry for the March 23, 2024 Sale.

ROTARY NAMES MARCH 2024 STUDENTS OF THE MONTH

Thursday, March 7th, 2024, the Windsor Windsor Locks Rotary Club honored three students from Windsor, East Granby, and CREC Aerospace and Engineering High School at their monthly Student of the Month breakfast meeting.

These students were hon-



ored because of their outstanding academics and commitment to community service. Our honorees are Zuly Diaz De Leon a student at CREC Aerospace and Engineering, Kieran Benett

a senior at East Granby High School, and Bennett Michaud a senior at Windsor High School.

Photo: (from left) Gloria Greider, Bennett Michaud, Kieran Berman & Albert Boehm



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OPINIONS AND THOUGHTS

'GOOD FRIDAY' IS A TERRIBLE TERM. WHY NOT 'FORGIVENESS FRIDAY'?



By Pastor Shawn Fisher
Pastor of Bloomfield
Congregational Church

I've always had an issue with the term "Good Friday". Maybe you do too. There simply was nothing good about that day. A kind man, doing remarkable things for people in great need was betrayed, captured, tortured beyond the ability for words to describe, nailed to a cross through His hands and feet, and left to drown in His own fluids over a period of many hours. There's nothing good about that. Nothing.

He was mocked and spat upon and hung on that cross to increase His shame and that of His family and followers. That's what Jesus was considered: a criminal, a zealot and a threat to those in power. Jesus was no more special to the Roman executioners than the tens of thousands of others they crucified over time. He suffered no more and no less than most others. There was nothing good about that.

I am aware that when the term, "Good Friday" came about, the word "Good" had a different connotation; more like, "holy". That doesn't work for me either. There was nothing holy about that day. It was brutal and it was ugly and just one more example of empire abus-

ing its power in horrific ways. You see, I don't believe God planned it all out this way. Jesus could have lived longer and done even more good in this world if the powers of the Roman Empire allowed it. This was humanity using its God-given freewill to act in an unjust way in order to retain their power. It was just one more example of human brutality justified under the banner of "keeping the peace".

In stark contrast, lies a profound act that amazes me more than any other about that day. Jesus forgiving those who do this to Him. "Father, forgive them; for they do not know what they are doing." Jesus uses His freewill to do the opposite of what was being done to Him. That amazes me. That challenges me. That causes me to take a step back, catch my breath, and say, "He said what???" "He forgave THAT?" "He forgave THEM?" "THAT's the standard for those of us who sign up to follow Jesus?"

Yes, that is the standard.

That amazes me. That makes me want to be better. That makes me want to follow Jesus even more closely and even more deeply. That makes me want to be a better pastor and a better person. To me, that's one of the most exceptional things

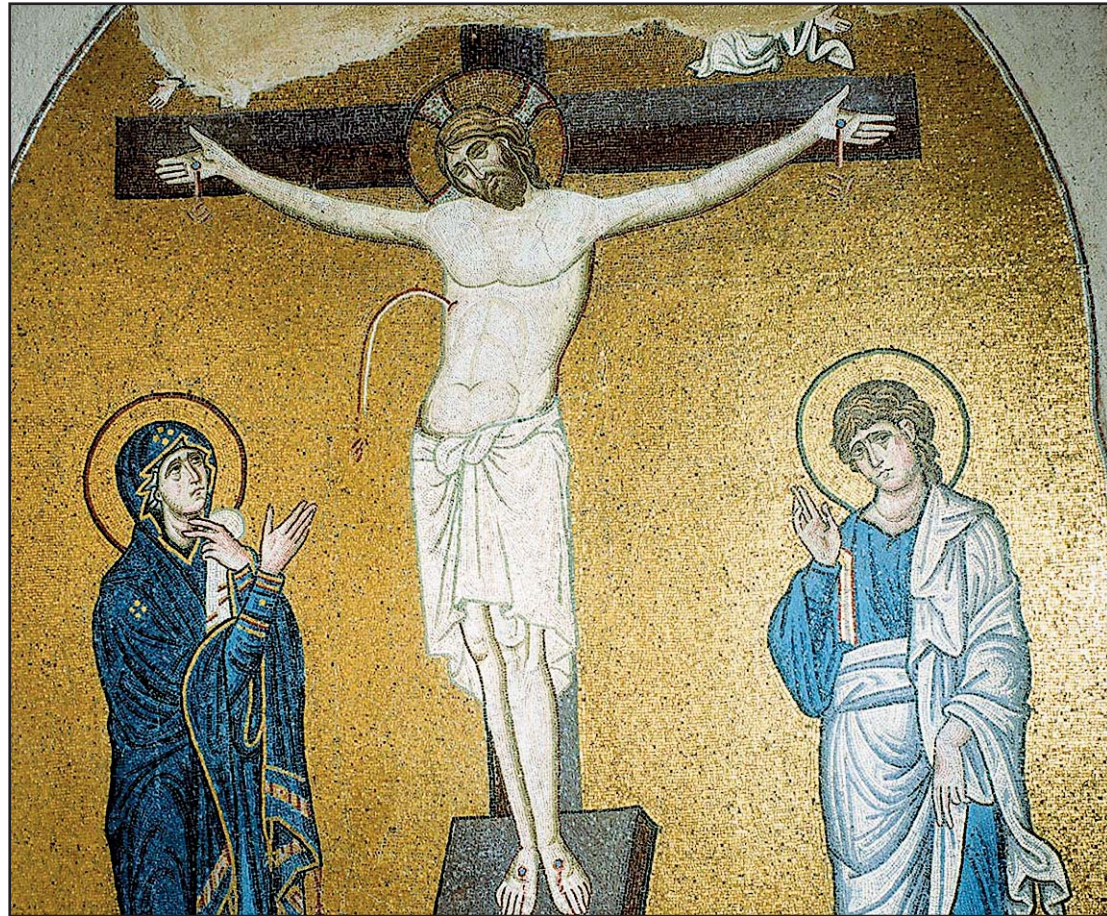


Photo: A mosaic depicting the Crucifixion, at the Daphnion Byzantine Monastery, 11th cent. AD

Jesus did during His entire earthly ministry. Jesus forgiving the unforgivable. Jesus setting that standard. Jesus being that good, right to the very end.

So, this year, after talking it over with our Board of Deacons, at Bloomfield Congregational Church we're changing "Good Friday" to "Forgiveness Friday". I think it's a better focus. I think it's overdue. I bet it makes a difference for a lot of people. It will for me. It did for them. Maybe it will for you too.

Peace, Pastor Shawn

Rev. Shawn Fisher is the Senior Pastor and Teacher at Bloomfield Congregational Church located at 10 Wintonbury Avenue, across from the Town Green at the heart of Bloomfield. The Church may be reached at (860) 242-0776, office@firstchurchbloomfield.org, by going to www.MyBloomfield.Church or finding them on Facebook, Instagram and TikTok.

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GREEN NEWS

BLOOMFIELD TREES MEASURE UP



By Paula Jones

Bloomfield is blessed with a rich diversity of plant, animal, geological, and human resources. Among these resources are Bloomfield's trees. Trees provide critical environmental benefits and serve as tangible connections to the past as well as to the future.

Recognizing the cultural value of trees, the Notable Trees Project was established in 1985 for the purpose of collecting and distributing information about Connecticut's largest and most historic trees. A database is maintained at the Connecticut College Arboretum that includes records of 4,602 individual trees in the state. Fifty two of those trees are in Bloomfield; six of the 52 are on Traprock Ridge Land Conservancy's (TRL) Hawk Hill Farm property.

Last week John Kehoe and Marty Aligata, two members of the Notable Trees Project, re-measured trees at Hawk Hill Farm at TRLC's request. The Land Conservancy plans to enhance its existing trail at Hawk Hill Farm later this year by adding informational tree signage about various tree species and wanted up-to-date information about the farm's big trees.

How does one go about determining if a tree is a large enough specimen of its species to be added to the Notable Tree data-

base? You take three measurements of the tree which are used to calculate a point score for that tree:

1. Circumference of the tree at breast height (i.e. 4.5 ft. from the ground).

2. Average spread (of the branches) of the tree. This is done by laying out a tape measure from tip to tip of the longest extending branches.

3. Height of the tree. This is done by using a tape measure and clinometer to measure distance from the base of the tree and the angle to the top of the tree (forming a triangle). You then calculate the height using basic trigonometry.

Here's how Hawk Hill's trees currently measure up: Two White Oaks scored 280 and 257 points (top 70 in CT); two American Elms scored 261 and 233 points (top 40 in CT); a Pignut Hickory scored 207 points (top 20 in CT), and a Black Birch scored 195 points (top 15 in CT).

Note that point score ("size") doesn't always equate to status: the "smallest" tree measured, the Black Birch, is among the top 15 Black Birches that have been measured in Connecticut.

The larger (more impressive-looking) trees are lower on the listing for their respective species. And the pecking order is always changing, as trees are added to and subtracted from the list.

On a more somber note, a Sugar Maple tree at Hawk Hill



that was measured in 2012 (scoring 292.5 points) has since died. Bloomfield's magnificent American Elm next to Town Hall had been listed in the database, but was diseased and taken down in May, 2021 (reported in the May 21, 2021 Bloomfield

Messenger). This is a reminder that, while appreciating the feeling of awe while visiting Bloomfield's current notable old trees, we also need to be planting new trees to become notable and inspire awe in some future generation.

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GREEN NEWS

NEW ENGLAND AQUARIUM SCIENTISTS MARK MILESTONE WITH 800TH RIGHT WHALE PHOTOGRAPHED AND INCLUDED IN THE NORTH ATLANTIC RIGHT WHALE DATABASE

Curators of a photo database used to track sightings of North Atlantic right whales are marking a milestone after cataloguing their 800th whale.

The North Atlantic Right Whale Catalog, part of a formal collaboration among researchers that began in 1986, contains all photographed sightings of critically endangered right whales from the North Atlantic and is managed by staff at the Anderson Cabot Center for Ocean Life at the New England Aquarium. The Catalog is the result of over two million photographs from more than 650 contributors from 1935 to the present, ranging from scientists to government researchers, fishermen, and recreational boaters. Last month, the Catalog team added the 800th whale into the database, an unnamed 3-year-old female whale known as Catalog #5193.

"With such a small population of only around 360 living individuals, every whale counts and each one added to the Catalog brings some hope. It is particularly exciting that the 800th whale was born to an enigmatic mother who is rarely seen. What will this young whale's life look like?" said Philip Hamilton, a senior scientist in the Aquarium's Anderson Cabot Center who oversees the Catalog.

Catalog #5193 was born in 2021, the first known calf of Catalog #3593. Researchers sighted her with her mother just once, off the coast of North Carolina late in the 2021 calving season—well north of the primary calving area off Florida and Georgia. Their family origins are a bit of a mystery, as neither have been genetically sampled.

"This whale was only seen with her mom once as a very young calf, and given her mom's sporadic sighting history, we weren't sure if we'd see it again or be able to confidently match a future sighting to it. But thanks to some luck, and skilled survey teams, we were able to catalog the whale with only three sightings, instead of the usual 15 or more," said Amy Warren, an assistant research scientist at the Aquarium.

Most right whales are added to the Catalog when they reach age 2 or 3. It takes a few years



Photo: Right whales "Caterpillar" (Catalog #3503) and Catalog #4617 feeding in the Great South Channel on Feb. 20, 2024. CREDIT: New England Aquarium, taken under NMFS permit #25739

for a young right whale's unique natural markings (callosity patterns) to stabilize. Researchers are conservative in the decision to catalog a whale, only doing so when they can be confident that it does not match any other cataloged whale and that future sightings of the individual can be re-identified with confidence. In some cases, it takes many years to collect enough photographic evidence to gain that confidence.

By collecting photos, Aquarium scientists identify whales and use specific numbers—and names for many—to track their life stories through the Catalog including births, injuries, migration patterns, and age to create detailed histories of each individual whale. Of the 800 whales catalogued over the years, 360 have been seen in the last three years—and are therefore presumed alive. Besides known calves that have yet to be cataloged, there are likely very few right whales in the Atlantic that have not been cataloged.

There have only been two whales in the past 20 years that were first seen as adults—thus remaining unphotographed for at least 10 years.

The North Atlantic Right Whale Catalog is available to the public. Visitors to the website can look up specific whales by details including number, name, sex, physical markings, and last sightings.

"This is an essential tool in our marine conservation work at the Aquarium. We can piece together these whales' life stories and determine better ways to protect them," Hamilton said.

Recently, Aquarium researchers used images from the Catalog to identify two deceased right whales. A juvenile right whale whose carcass was recovered off the coast of Georgia last month, after suffering blunt force trauma from a vessel strike, was identified as a female yearling. Scientists also used photographic data to match a right whale found dead

off Martha's Vineyard entangled in fishing gear as Catalog #5120, a 3-year-old female.

North Atlantic right whales face increasing threats from fishing gear entanglements and vessel strikes, which research has shown affect survival and are impacting females' ability to produce calves. Fewer than 360 North Atlantic right whales remain in the population, including an estimated 70 breeding females.

ABOUT THE NEW ENGLAND AQUARIUM: The New England Aquarium is a non-profit research and conservation organization that has protected and cared for our ocean and marine animals for more than 50 years. We provide science-based solutions and help shape policies that create measurable change to address threats the ocean faces. We inspire action through discovery and help create engaged, resilient communities.



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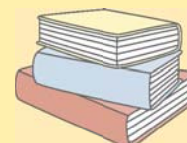
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WINDSOR HONORS 2024 CLASS OF PHENOMENAL WOMEN

From Front Page

Monika Nugent, student representative Aleks Gould, commissioner Charles Copeland, as well as Judy Ann-Cooke, Marie Bendzans, Natalie Greenfield and LeighAnn Tyson.

"Tonight we are celebrating the impact that our honorees - our fellow community members - have had on the Windsor community," Dr. Copeland noted.

The 4th Annual Phenomenal Women award commemorated the service and dedication each honoree has showcased according to the following criteria:

- Honorees have promoted the elimination of sexism and discriminatory attitudes regarding gender equity and practices in Windsor.

- Honorees have worked to establish cooperative relationships with groups concerned with gender equity and promoted equal opportunities and actively participate in Windsor initiatives.

- Honorees have worked to further understanding of a multicultural society in Windsor and worked to communication and understanding between gender, sexual orientation, and women leadership groups in Windsor.

"Every year we host this annual event to honor, celebrate and continue the call to service that each of honorees have demonstrated," Dr. Copeland said. "Today we share jubilation for the many years of service that each of our honorees have."

Honorees this year were (in alphabetical order):

Kaleitha Brown (Chairman's Award)

Shellye Davis

Delaney Denno (Chairman's Award)

Anuva Kolli

Sue Tait Porcaro

Congratulations to all!

Following are the bios of this year's honorees.

Kaleitha Brown
(Chairman's Award)

Kaleitha Brown is the Development Director at ConnectiKids and an active volunteer with the Windsor Historical Society. Serving first as a key member of the Strategic Planning Committee at WHS, and beginning in 2021 as a member of the Board of Directors, in each role she has



been an active and supportive voice in the Society's effort to become a more inclusive organization.

Kaleitha is committed to education and to promoting equity and inclusion in our community. As a volunteer committee member, board member and leader at Windsor Historical Society, she has not only been a strong voice in the development of the Society's inclusion efforts, but has actively connected people and organizations to the Society to foster and share a more inclusive understanding of the Windsor community and its history.



Shellye Davis

Shellye Davis is a fierce advocate serving as the first Black woman to be elected as the Executive Vice President at the Connecticut AFL-CIO, an organization of hundreds of labor unions working to improve workers lives, and as President of the Hartford Federation of Paraeducators. In these roles she works tirelessly to advocate for gender

and racial equity. Shellye is an advocate for children with disabilities and has worked for over 25 years supporting children in Hartford as a paraeducator. This has led her to be a regular visitor and supporter of the Blue Dragonfly Gift Shop in Windsor to provide support for the organization and individuals who work there. Shellye's focus is always on educating others regarding the needs of children and adults who are not traditionally heard and are underserved. Her important work impacts and betters not only the community here in Windsor but statewide.



Delaney Denno
(Chairman's Award)

Delaney Denno embodies justice and compassion in the Windsor and Loomis Chaffee communities. While a student, Delaney was the president of PRISM and a committed ally to many affinity groups and organizations. She created opportunities for students to grow, she leaned into discomfort, all the while being a champion for people of different backgrounds and strove to bring different perspectives to conversations, workshops, and presentations.

Her continued social justice work has given Delaney the opportunity to serve on various panels for the Windsor Human Relations Commission and has taken her beyond Windsor to different states and countries where she continues to educate herself in sustainability efforts with a close look at access to different communities of those efforts. A beekeeper, barista, environmental and social jus-

tice activist, one of her most impressive works was "Building Apiaries for Access"—a project focused on researching black beekeepers, their long history of community outreach, and the opportunities entering the field for black beekeepers would bring to many urban settings. While a student at Loomis Chaffee, she was awarded a Kente Cloth for her dedication to fomenting the DEI efforts of the school, and The Matthew J. Whitehead Award, presented to the student whose actions have been instrumental in creating and supporting an inclusive community.



Anuva Kolli

Anuva Kolli has been the guiding force behind Diversity, Equity, and Inclusion initiatives at Loomis Chaffee. Her contributions and leadership at Loomis include being a three-time PRISM President, president and founder of the South Asian Society affinity group, member of the Pelican Support Network, and collaborator with the DEI Internship program. Since her first year in Windsor, Anuva brought a passion and willingness to give back, share and educate those around her with an empathetic and understanding approach that facilitates and fosters discussion with people from different backgrounds and perspectives. This approach allowed her to be part of numerous panels for the Windsor Human Relations Commission, a presenter at the Student of Color Symposium, a contributor at the National Student Diversity Leadership Conference, and at the Footsteps conference. She

has created "courageous conversation" workshops on topics such as environmental injustice and colorism, all in the effort of addressing the needs of the students at Loomis and or our greater Windsor community. Her contributions make our world and community more equitable and inclusive.



Sue Tait Porcaro

For many in Windsor, Sue Tait Porcaro is the face of Windsor Historical Society. At the Historical Society, Sue is a leader in promoting the historical society's inclusion strategy and welcoming all people to programs, events and outreach efforts. Sue is a leader in the Windsor Historical Society's long-standing effort to become a more inclusive organization and focus on addressing racial and ethnic inclusion. She has been active in promoting the society's many Black history programs and exhibits and facilitated the first Windsor Caribbean-American celebration at WHS. Most recently, hosted the Small Black Business & Cultural Pop-Up Event in February 2024.

In addition to her work at the Historical Society, Sue is also extremely active in volunteer initiatives connected to the Boy Scouts, the Windsor Chamber of Commerce, Windsor Veterans, the Shad Derby Festival, and numerous other community initiatives.

Sue embraces all people with a warm and welcoming presence and helps instill a sense of belonging here in Windsor and at Windsor Historical Society.

BART'S IS BACK!



From Front Page

brick building, and also the open space in the back with the beautiful views of the river.

"So we bought Bart's with the idea of creating a food truck park, and having a beer garden with it," Paul explained. "But when we started doing some research and found out that it was 80 plus years in business, we started digging a little bit deeper. So we spent some time with mayor Don Don Trinks [ed. Note: former owner of Bart's.] Must have been talking to him for two or three hours, and he gave us a lot of insight to a lot of little things inside of the building. And we would love to talk to the former owner before him. Hopefully she'll stop in at some time. In the end, we decided that this was too historical, so we want to put everything back the way it was. We're going to do the hot dogs, the hamburgers. We also own a food truck called Lobster Tails Food Truck, where we serve lobster rolls, and we can bring that too. We'll do all of the seafood out of there. So the whole belly, clams, clam strips, lobster rolls."

The partners plan to offer, of course, coffee and breakfast fare, and even some bakery

items, and also want to convert an area to a bar to serve wine and beer.

What about the mural, the newspaper wanted to know?

Sadly Jan Dagenhart's mural doesn't fit the look and feel they envision for the main hall, and will probably have to go. But they will install a smaller copy of it in the traditional area on the left, they promised. Windsor photographer Mike Taylor has already taken a large resolution photo for the purpose.

And the Wednesday car shows may also start again – if the group staging them wants to do that.

"Call us," Paul urges them.

So, Bart's is coming back. Maybe a little different than its friends remember it in its glory days, but not too by much. Jennifer said that they like a lot the look of the raw wood piece in the back of the main hall, and hope to replicate that warm feel in the rest of the interior. And they promise great food, good value, service with a smile.

They really know now what Bart's means for the town, they both agreed.

"We're going to make Windsor proud," Paul said.

WINDSOR BOYS BASKETBALL HEADING TO DIVISION II CHAMPIONSHIP



From Front Page

other like champions.

After the first quarter the Warriors held a slim 16-13 advantage.

But in the second quarter, the Mustangs outscored Windsor 17-15 to be down by only one point 31-30 at half-time.

However, during the second half of the game, Windsor's potent offense exploded scoring 40 points while the Warriors tenacious defensive intensity picked up and limited Fairfield Warde to only 21 points.

The third quarter was the most decisive quarter of the game as the Warriors came out after halftime outscoring the Mustangs 23-10 to establish a 54-40 advantage by the end of

the third quarter.

During the final stanza Windsor outscored Fairfield Warde 16-11 to complete the dominating semifinal victory.

So far during its CIAC Division II postseason run, Windsor has defeated CCC rivals (No.18 Hall 76-64 in the second round on March 6 and No.7 Conard 84-74 in the quarterfinals on March 8).

The Warriors did not play a

Division II first round game on March 4 because it was one of the top five seeds in Division II awarded a first round bye.

(Note: Windsor won State CIAC Class LL boys basketball championships in 1998 and 1999. Windsor defeated Norwalk 74-66 for the Class LL championship in 1998 and repeated as Class LL Champion in 1999 with a 53-44 victory over Weaver (Hartford).

BOXSCORE

Warde	13	17	10	11	-
51					
Windsor	6	15	23	16	-
70					

Fairfield Warde (51)

Danny Goldberger 0 1 0-0
3, Joshua Stewart-Jones 0 4
0-0 12, Ryan Moore 2 1 0-0
7, Matt Corrigan 3 1 3-3 12,
Jonah Bass-Lawrence 2 0-1-4,
Jack Cramer 6 1-7 13. Totals
13 7 4-11 51.

Windsor (70)

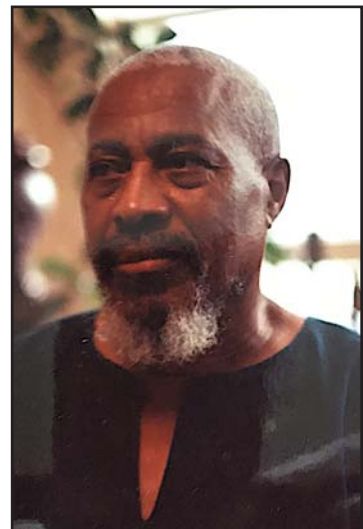
Gyan Davis 8 2-4 18, Sean
Evans 1 1 0-0 5, Kaiden
James 2 1 0-0 7, Anthony
Williams 8 6-7 22, Missoni
Brown 1 0-0 2, Jakeel Martin 4
2-2 10, Miles Rush 3 0-0 6.
Totals 27 2 10-13 70.

APPLICATIONS FOR THE 2024 RICHARD 'DIK' DAYS SCHOLARSHIP ARE NOW AVAILABLE

The Richard 'Dik' Days Scholarship Committee is pleased to announce the release of the 2024 scholarship application.

The Richard 'Dik' Days Scholarship was established in 2010, through a collaboration between the Coalition of Black Trade Unionists (CBTU) Connecticut Chapter, the International Union, United Automobile, Aerospace & Agricultural Implement Workers of America (UAW) Region 9A and the Days Family.

Each year the Committee awards two (2) scholarships to students who are a resident of Connecticut; and are a graduating high school senior with plans to enter an undergraduate program in the fall or an existing undergraduate student. For further information regarding the RAD Scholarship Application, including other



requirements, please visit

<https://region9a.uaw.org/region-9a-blog/2024-richard-dik-days-scholarship-now-available>

The deadline for submission of a complete application is May 1, 2024.

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ELDER LAW

RETIREES: DEDUCT YOUR LONG-TERM CARE INSURANCE PREMIUM



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Even if you have a long-term care insurance policy, you may likely be hoping that you won't ever have reason to use it. Regardless of what the future holds, there's one silver lining of which you may not be aware. That is, premiums on many long-term care insurance policies are in fact tax-deductible.

What Is Long-Term Care Insurance?

Long-term care insurance, or LTCI, can help you prepare for covering the cost of care in a nursing home facility or other setting when and if you need it. Unfortunately, the likelihood that you'll need long-term care services at some point is high. In fact, about 70 percent of older adults find themselves having to rely on at least some long-term care in their later years.

When individuals require long-term care, it means that they need assistance when completing activities of daily living (ADLs). These basic daily tasks include dressing oneself, showering, or moving safely from one place to another in one's household, such as from the bed to the bathroom, or in and out of one's chair. In most cases, your LTCI policy will begin covering long-term care services if you cannot perform at least two ADLs on your own.

The cost of LTCI policy premiums can be out of reach for many people, and some insurers have been raising premiums over the course of time.

According to one 2022 survey by HCG Secure, a mere one in 10 of Americans older than 65 have a long-term care insurance policy. However, if you have purchased a tax-qualified plan, you may be able to deduct the insurance premium as a medical expense.

Is My Long-Term Care Insurance Policy Tax-Deductible?

You can deduct numerous types of medical and dental expenses from your taxes. In addition to qualified long-term care insurance premiums, other deductible health expenses include the following:

- prescription medications and insulin
- substance use disorder inpatient treatment or smoking cessation programs
- prescription or reading eyeglasses
- contact lenses
- hearing aids
- X-rays
- artificial teeth
- acupuncture treatments
- the cost of caring for a guide dog for a person with a vision or hearing disability

When filing your 2023 federal income taxes, check with your insurance broker or state insurance commission to determine whether your LTCI policy qualifies.

Only certain long-term care insurance policies meet the criteria for a tax deduction. The National Association of Insurance Commissioners sets

these rules. Typically, many hybrid long-term care policies do not qualify for a premium deduction. (For more information on what defines a qualified LTCI contract, consult the IRS' Publication 502 for the current tax year.)

If your policy does qualify, you can deduct your LTCI policy premium up to a specified limit. Keep in mind that you will only be eligible for a tax deduction if all of your eligible medical expenses totaled more than 7.5 percent of your adjusted gross income for the year.

Select states also offer LTCI tax incentives, so be sure to check with your tax advisor. Note, too, that if you are self-employed, the rules regarding these deductions can differ.

How Much Can I Deduct in 2024?

If your annual LTCI policy premium is higher than the limit provided in the table below, it will count as a medical expense. The older you are, the higher your deductible limit. For example, if you are a 75-year-old individual at the end of 2023, you may be able to deduct up to \$5,880 in LTCI premiums as qualified medical expenses.

Table 1. 2024 LTCI Tax Deductible Limits.

Attained Age Before the Close of 2023, Maximum Deduction in 2024
Age 40 or younger \$470
Age 41 to 50 \$880
Age 51 to 60 \$1,760
Age 61 to 70 \$4,710
Age 71 and older \$5,880

Age 51 to 60 \$1,760
Age 61 to 70 \$4,710
Age 71 and older \$5,880

These are lower deduction limits than in previous years. The Internal Revenue Service adjusts these limits each year.

The cost of long-term care services can in large part

depend on where you live. Check out this online tool to get an estimate based on your ZIP code.

The ins and outs of LTCI products can prove to be complicated. Consult with your attorney; they can provide guidance on purchasing an LTCI policy and also assist you in planning for the possibility that you will need long-term care in the future.

BLOOMFIELD SENIOR CENTER

STATE REPRESENTATIVE BOBBY GIBSON

State Representative Bobby Gibson returns to the senior center on Monday, March 18. The topic will be Avoiding Scams and Scammers. Plan to join Representative Bobby Gibson, the Bloomfield Commission on Aging, Bloomfield Senior Services, Bloomfield Social & Youth Services, AARP CT, Department of Aging and Disabilities Services, UConn Center for Aging, and other special guests for an informative program. There will be a "meet and greet" with refreshments at 5:00 pm, and the program will begin at 5:30 pm. There will be an opportunity to ask questions. Please call the senior center to register.

"DRUMMING TO OUR OWN BEAT"

Drum Circle on Tuesday,

55+, Bloomfield residents only. Must sign-up in-person for each drumming session.

WOMEN'S BREAKFAST

The next women's breakfast will be held at 9:30 am on Thurs., Mar. 21. This will be a served meal, not a buffet. Bloomfield residents age 55+ only. Because space is limited, we cannot accommodate drop-ins. PRICE: \$5.00 due at sign-up. Sign-up starts Mar. 4.

MEN'S BREAKFAST

The next men's breakfast will be held at 9:30 am on Fri., Mar. 22. This will be a served meal, not a buffet. Bloomfield residents age 55+ only. Because space is limited, we cannot accommodate drop-ins. PRICE: \$5.00 due at sign-up. Sign-up starts Mar. 4.

TECHIE-TIME

One-on-one appointments are available at the Src Ctr, 330 Park Ave, with Romano Tucker.

"Oh, Hello Alzheimer's" A Caregiver's Journey of Love



Join us for An Evening with Lisa Marshall. Find Joy ~ No Regrets.

Thursday, April 11th from 5:30-7:30pm

Local Connecticut resident & author, Lisa Marshall, shares with you her journey through Alzheimer's with her husband, Peter.

Lisa will have her book available to purchase and sign! RSVP by 4/2 to 860-690-7660



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CELEBRATION OF LIFE: DANIEL C. 'DAN' NOLAN



[Ed. Note: This week we heard that our friend Dan Nolan succumbed unexpectedly to a medical issue. Dan was an extraordinary man, and served his country and his community in myriad ways. Among them, Dan served as point man for the the 'Sent Hometown Windsor to the Troops' program, that for the years America was at war overseas, sent packages to Windsor and Windsor-connected men and women serving abroad. The program, coordinated by our friend Ann Walsh and supported by Win-TV, was a great solace to the soldiers - as many of them told us when they returned back home. Dan was vital in its success. Our deepest condolences to his family and friends. Following is his obituary. Godspeed Dan]

Daniel Nolan, 61, of Waterford, CT passed away unexpectedly on March 1, 2024. He was born in Hartford, CT on July 29, 1962 and raised in Windsor, CT, graduating from Windsor High School in 1980. Dan joined the military upon his graduation from high school and served in the Army National Guard for 38 years. He started as an enlisted soldier and was promoted to the rank of Staff Sergeant prior to attending Officer Candidate School, from which he graduated at the top of his class and subsequently rose to the rank of Captain. During his time in the Army, he was deployed overseas three times, to Kuwait, Iraq, and Afghanistan. While serving in Iraq from 2006 to 2007, Dan was detached to the 130th Combat Engineer Battalion from Puerto Rico. He performed route clearance missions, which entailed searching the streets of Baghdad for Improvised Explosive Devices (IED's). Dan also served as the Commander of the 246th Fire Fighting Detachment at Forward Operating Base (FOB)

Apache in Zabul, Afghanistan from 2011 to 2012, leading his soldiers in over 300 outside the wire missions. Dan was the recipient of many commendations for his service, most notably the Combat Action Badge and the Bronze Star. During his deployments overseas, Dan developed his own community outreach programs, in which he solicited the support of his friends and family back home to assist him in providing food, clothing, shoes, and toys to the poverty-stricken local villagers. He was honorably discharged from the Army National Guard in 2023.

Dan and his brother John were second generation firefighters, following in the footsteps of their father. Dan joined the Hartford Fire Department in 1984. He rose through the ranks to become Deputy Chief of Training. Dan was one of the many Hartford firefighters who served at Ground Zero at the World Trade Center following the 9/11 attack on America. He was past president of the Hartford Fire Department Emerald Society and was actively involved in many organizations, including the Benevolent Society, the Police and Firefighters Association, the International Association of Firefighters, the Firefighter 20 Club, and the Hartford Firefighters Retirees Association. He retired in 2017 after 34 years of service.

Dan was a lifelong member of the Irish American Home Society in Glastonbury and was named Irish Person of the Year in 2005. He served as Vice President and worked on numerous committees. Because of the immense pride Dan took in his Irish heritage, he was particularly honored to be an integral part of the Irish History Committee, the annual Hartford St. Patrick's Day Parade, and the Friendly



In 2012, Oliver Ellsworth School assembly featured a procession of first graders with U.S. Army Staff Sergeant Dan Nolan (holding American flag). Together, they recited the Pledge of Allegiance. Photos by Laura Soll

Sons & Daughters of St. Patrick. He was instrumental to the success of the 2021 Capital Campaign and other strategic initiatives.

Dan made a profound impact on this world by his service to others. He was generous with his time and money, whether you were a friend, an acquaintance, or a total stranger. He was involved in countless charitable organizations, including the Cherish the Children local chapter, Amy's Angels, Cystic Fibrosis Foundation, Miami Project for paralysis, and many Veteran Support organizations. He was incredibly passionate about these and the many others with which he was involved. Closest to his heart was the Lea's Foundation for Leukemia Research, on which he served on the Board of Directors since its inception in 1998. Dan helped the Foundation raise over six million dollars throughout the years, which funded leukemia research and patient services. His greatest joy was in providing support to patients and their families. On behalf of the organization and individually, he provided financial and emotional support and maintained close relationships with these families until his untimely passing. In 2020, Dan was the recipient of the Lea's Foundation Heart of Honor Award in recognition of his efforts.

More than anything else, Dan

loved sharing his time with family and friends. He enjoyed fishing, attending sporting events, and traveling, especially to Ireland. In addition to his extraordinary selflessness, Dan was known for his bravery, his loyalty, and his charm and charisma. He had a unique and unparalleled sense of humor, which included witty sarcasm and an immense love for playing pranks on others.

In addition to all the known gestures of Dan's kindness, innumerable ones were done quietly behind the scenes. Many examples of these are only now coming to light as others have shared stories as we mourn his loss. Undoubtedly, there are even more that will remain unknown. Our family is eternally grateful to the hundreds of people who have reached out to offer condolences and support and to those who have kept Dan and us in your thoughts and prayers. Please know how much we love and appreciate each and every one of you. Dan's loss will create a huge void in the lives of all who knew him. The best way for us to honor him is to carry on his legacy of generosity and service to others. Please consider doing charitable and random acts of kindness in his memory.

Dan leaves to mourn his passing his wife, Jill LeCheminant and stepdaughter Raven Atkinson of Waterford. He leaves his siblings, Noreen, Claire, and

John and his wife Sue of Windsor, and Patsy of South Windsor. He also leaves his nieces and nephew, Ashley, Melissa, John, Erin, Angela, and Olivia, his aunt, Peggy Whitman of Suffield, several step nieces and nephews, and many cousins and treasured friends. He was predeceased by his parents, Dan and Nora, his sister, Margaret, and many aunts, uncles, and cousins.

Friends may call at the Farley-Sullivan Funeral Home, 34 Beaver Road, Wethersfield, CT on Friday, March 15, 2024 from 3:00 P.M. to 7:00 P.M.

A Mass of Christian Burial celebrating Dan's life will be held on Saturday, March 16, 2024 at 10:00 A.M. at the Church of Incarnation, 544 Prospect St., Wethersfield, CT. Friends are asked to go directly to the church. Burial with full military honors will be at Windsor Veterans Memorial Cemetery immediately following the mass.

In lieu of flowers, memorial donations may be made to Lea's Foundation for Leukemia Research, 522 Cottage Grove Road - Building H Bloomfield, CT 06002, <https://leasfoundation.org>, or to the Irish American Home Society, Inc., 132 Commerce Street, Glastonbury, CT 06033. For further information, or to leave a condolence, please visit FarleySullivan.com.

YOUR LIBRARY: A PLACE WHERE SAGES AND LOONIES HAVE THEIR SAY - AND YOU ARE JUDGE

WINDSOR PUBLIC LIBRARY

By Denise Ricotta
IT Librarian Windsor Public Library



RED CROSS EMERGENCY PREPAREDNESS

**WEDNESDAY
MARCH 27
6:00 - 7:00 PM**

WINDSOR
Public Library

SOUR & SAVORY FERMENTED FOODS
WITH TRI GABLE LEA FARMS
TUESDAY, MARCH 26 AT 6 PM
MEETING ROOM 1
REGISTER AT WINDSORLIBRARY.COM



BLOOMFIELD PUBLIC LIBRARY

VIRTUAL PROGRAM

THE LADY LIGHTHOUSE KEEPER, A TALK WITH
AUTHOR MARY KORPI, ABOUT HER BOOK, ON
STELLA PRINCE, A WOMEN LIGHTHOUSE KEEPER



Monday, March 18, 7PM

A partnership between Bloomfield Public Library
and Wintonbury Historical Society

Sign up at bplct.org, click "Event Calendar"

Virtual Program

Fundamentals of Interior Design

With Angela Belt



**Wednesday
March 20 at 2PM**

Sign up at bplct.org Event Calendar



YOGA WITH PIA OLIVERI

Tweens & Teens

Ages 12+



Wed., March 20 @ 4:00 PM
330 Park Ave., Bloomfield (Exercise Room)

VIRTUAL PROGRAM WINTONBURY POETRY SERIES

**THURSDAY
MARCH 21, 2024**

7PM



Doug Anderson



Bessy Reyna



virtual program



Women of The Odyssey: Stories

**Tuesday, March 19
at 6:30 PM**



with Storyteller
Tom Lee

Register at bplct.org Event
Calendar



SATURDAY STEM CHALLENGE

**SATURDAY
MARCH 23RD @11AM**



**THIS MONTH'S CHALLENGE WILL BE TO BUILD A
BRIDGE USING STRAWS AND TAPE.**

BEST FOR AGES 6+

**REGISTER ON OUR ONLINE CALENDAR
OR CALL THE LIBRARY AT (860)627-1495**



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Saturday 11am-5pm
Sunday 11am-5pm
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always available

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Art & Events

CT TROLLEY MUSEUM APRIL VACATION FUN



All week long CTM will hold many activities including, Trolley Rides: Take a Trolley ride operated by period dressed motormen. Learn historic information about each car you ride and how the museum began. Trolley Experiences: Get up close and personal as you climb aboard stationary trolleys from our incredible collection in our Visitors Center. From streetcars to Interurban cars this is your chance to take the controllers and let your imagination "operate". Crafting Station: Make a Motorman Hat, create your own trolley fare ticket and more! Take your new creations home with you for future use. Dress-up Station: Dress up as a Motorman or Conductor! Great Photo op! LEGO Station: During your visit build your own Lego creation focusing on trolley and trains from the past and future. After your creation is built display it for all to see throughout the week. Fire Truck Museum: View over 15 Fire Trucks dating back to 1923. Learn more about the Fire Truck Museum's collection along with historic Fire Fighting Equipment. (Admission to Fire Truck Museum is included in the Trolley Museum admission ticket). New this year! LEGO Workshop on Friday April 12th & 19th from 10am-



12:30pm. Students will build a LEGO trolley using a pre-made kit instructed by a Museum Educator to take home. Including with the workshop is an age-appropriate tour, trolley ride & snack. The workshop is geared towards ages 8-12 and cost \$25 per person which includes admission. Registration is required to partake in the workshop, visit www.ct-trolley.org to register. Pack a lunch and relax awhile as you watch the trolleys arrive and depart from North Road Station.

The Connecticut Trolley Museum is located at 58 North Road (Rt. 140) and is a short 15 minutes north of Hartford, CT, or a short 15 minutes south of Springfield, MA. Admission is \$12.00 for adults, \$11.00 for seniors 62 and up, \$11.00 for youth ages 12-17 and \$9.00 for ages 2-11. Connecticut Trolley Museum members and children under 2 are admitted free of charge. For more information, visit ct-trolley.org or call (860) 627-6540.

WINDSOR FOOD & FUEL BANK + PTSMC'S RUN/WALK COMING APRIL 27

On Saturday, April 27, Physical Therapy & Sports Medicine Centers (PTSMC) of Windsor and the Windsor Food & Fuel Bank will cohost the second annual "Race to the Weekend Wheels 5K Run & Walk". All proceeds will go directly to the food bank's Weekend Wheels program.

The 2024 Race and Walk will begin in front of the Windsor Food & Fuel Bank's Weekend Wheels distribution site at 110 Addison Rd. (next to the Windsor Police station) in Windsor, Conn. Event day Run and Walk registration starts at 8 a.m.; opening remarks will be at 8:45 a.m.; and the Run and

the Walk both step off at 9 a.m. Baby strollers are permitted in the race and walk, but pets are not. Refreshments and the presentation of prizes will follow.

Runners, walkers and spectators are invited to bring a can or box of food for Weekend Wheels. Always needed are peanut butter & jelly, breakfast cereal, pasta, rice, tuna, juices, canned fruit and vegetables, and more.

This second annual "Race to the Weekend Wheels 5K Run & Walk" steps off on Saturday, April 27 at 9 a.m. at 110 Addison Rd, in Windsor. Registration is \$30 until Friday,



April 26 and will be \$35 on race day.

Online registration is now open for adults and children at <https://bit.ly/RaceToTheWeekendWheels>

Early registrants will receive a race T-shirt and medals will be given to the top three finishers. For those unable to attend, PTSMC Windsor is collecting canned and dry food donations for Weekend Wheels through April 26 at its clinic on 645 Poquonock Ave.

Bloomfield Public Schools with Carmen Arace
Schools Presents



RODGERS + HAMMERSTEIN'S
CINDERELLA

Friday, March 22nd, 2024 at 7PM
Saturday, March 23rd at 2PM & 7PM
390 Park Ave, Bloomfield, CT 06002



Tickets are \$10 and available online & at the door



Art & Events

SPRING CAN BE SO MUCH BETTER AT THE WINDSOR ART CENTER!

**WINDSOR
ART
CENTER
STUDIOS**

COLORED PENCIL DRAWING WORKSHOP



4 WEEKS

Wednesdays 5-7PM
Starting April 3rd

Colored Pencil 4 wks

Wednesdays, starting April 3 from 5-7pm
\$150, \$135 Member's Price (all materials included)

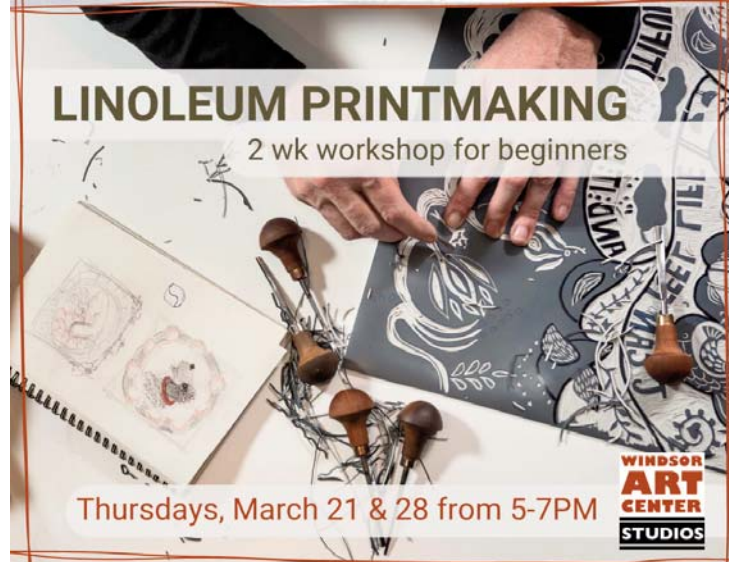
Learn the art of colored pencils with local artist Sage Neighbors! Students will learn

shading techniques, color layering, and compositional skills all while creating vibrant, unique drawings.

All classes are held in the train station studio classroom. Do not attend if you feel sick. Email classes@windsorartcenter.org for more information.

LINOLEUM PRINTMAKING

2 wk workshop for beginners



Thursdays, March 21 & 28 from 5-7PM

**WINDSOR
ART
CENTER
STUDIOS**

Linoleum Printmaking for Beginners

2 day workshop
Thursday, March 21 &
Thursday, March 28 from 5-7pm

\$90, \$81 Member's Price (all materials included)
9 student max, 5 student

min

A creative new 2 week workshop taught by local artist Michelle Hawran focusing on the art of printmaking! Students will design and carve their own linoleum blocks, and then learn the process of making their own prints. All materials included.

ADVANCED ADULT ART

8 WEEKS

Thursdays 5-7PM
STARTING APRIL 18



**WINDSOR
ART
CENTER
STUDIOS**

Advanced Adult Art

Thursdays 5 - 7pm, 8 wks starting April 18
\$175, \$157.50 Member's Price (all materials included)
9 student max, 5 student min

Put your art skills to use with an array of challenging projects, giving you a chance to grow and practice as an artist. Recommended you have either taken our beginners and intermediate programs, or have prior art experience.

4/18: Glass Still Lives
4/25: Pen and Colored Pencil
5/2: Pen and Colored Pencil
5/9: Step by Step Watercolor
5/16: Candy Still Lives
5/23: Stippled Portraits
5/30: Painting a Family Memory
6/6: Painting a Family Memory

INTERMEDIATE OIL PAINTING

4 wks | Mondays 5-7PM | Starting April 29th



**WINDSOR
ART
CENTER
STUDIOS**

Intermediate Oil Painting

Location:

WAC Studios 35 Central St Windsor, CT 06095

Cost \$150, \$135 Member's Price

Event Contact Email: classes@windsorartcenter.org

Dive deeper into the art of oil paint with local artist Michelle Hawran! This centuries old medium is still beloved today- but how can it best be used to fit your unique art style? Students will learn layering techniques, brush skills, and color theory, and they will be given more time with each assignment compared to the beginner's course. Students are expected to have at least basic oil painting skills.

All classes are held in the train station studio classroom. Do not attend if you feel sick. Email classes@windsorartcenter.org for more information.

materials included, students will leave the workshop with two of their own carved linoleum blocks and multiple prints.

All classes are held in the train station studio classroom. Do not attend if you feel sick. Email classes@windsorartcenter.org for more information.

YOU'RE INVITED TO A PICNIC WITH SNOW WHITE!

BTC invites children ages 4 and up to join Snow White on March 24, 11:00am - 3:00pm for a whimsical picnic at Warehouse 635 in West Hartford. Attendees will play games led by the Seven Dwarfs, win prizes, create a potion with the Evil Queen, meet and greet with Snow White and enjoy a picnic lunch provided by Distinctive Ideas.

All tickets include your choice of lunch. Child Lunch selections all include: 1 sandwich option (PB & J, Chicken Caesar Wrap, Ham & Cheese, or Grilled Cheese Panini), chopped veggies & dip, a fruit skewer, bag of potato chips and a cookie. Adult Lunch selections to include 1 sandwich option (Pesto Caprese, Chicken Caesar Wrap, or Roast beef & Cheddar Panini), garden salad with spiced chickpeas & fruit skewer.

Online sales close March 20 to best prepare for your picnic lunch. Please note that no tickets will be sold at the door. Child Ticket is \$35 and Adult Ticket is \$40. For more information please visit dancebtc.org/snow-white-picnic and purchase your tickets today! Email

CEP@dancebtc.org

for any questions regarding the event.

All proceeds from the picnic event will support BTC's Sensory-Friendly performance of Snow White at The Bushnell on April 21, 2024. The mission of BTC's Sensory-Friendly performances is to provide a safe and respectful environment for those with a disability, sensory sensitivity, or any other challenges that might make them feel uncomfortable at a ballet performance.

Art & Events

SENIORS FACE AN ONSLAUGHT OF SCAMMERS - LEARN HOW TO AVOID THEM



SENIOR FORUM PANEL AVOIDING SCAMS AND SCAMMERS

HOSTED BY STATE REPRESENTATIVE BOBBY GIBSON & BLOOMFIELD SENIOR SERVICES

WITH SPECIAL GUESTS

- **NORA DUNCAN**, STATE DIRECTOR OF AARP CT
- DEPUTY COMMISSIONER **SUZETTE DEBEATHAM-BROWN**, DEPT. OF AGING AND DISABILITIES SERVICES
- **DR. KEVIN MANNING** UCONN CENTER FOR AGING - AVOID FINANCIAL FRAUD AND PROLONG AUTONOMY & INDEPENDENCE
- REPRESENTATIVES FROM BLOOMFIELD SOCIAL AND YOUTH SERVICES, AND BLOOMFIELD COMMISSION ON AGING

MEET AND GREET WITH REPRESENTATIVE BOBBY GIBSON FROM 5-5:30 PM, FOLLOWED BY A PANEL DISCUSSION WITH GUESTS



RSVP please: Bloomfield Senior Services (860-243-8361)
Light refreshments will be provided

Monday, March 18th | 5 PM | Bloomfield Human Services Center (Senior Center)

On Monday, March 18, State Representative Bobby Gibson I will host a Senior Forum panel. The event will provide advice on how to avoid scams

and scammers. He will be joined by several special guests, including Nora Duncan from AARP CT, Deputy Commissioner

DeBeatham-Brown from the Department of Aging and Disabilities Services, Dr. Kevin Manning from the UConn Center on Aging, and Patricia

Miller and Robert Berman from the Bloomfield Commission on Aging. State Representative Jane Garibay, the House Chair of the Aging Committee, will also be in attendance. For any more information, please contact Rep. Bobby Gibson's office.

The Friends of Northwest Park announce plans to hold their 37th annual Pancake Breakfast at Northwest Park, in Windsor, on Saturday March 23rd from 8:00 a.m. until 11:00 a.m.

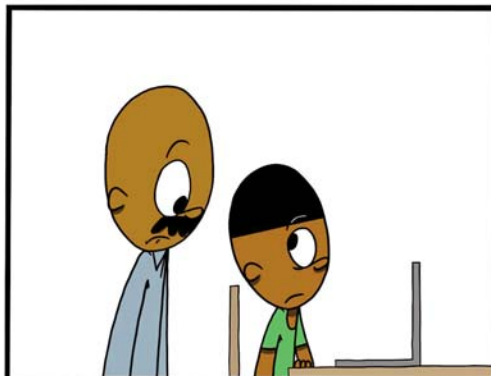
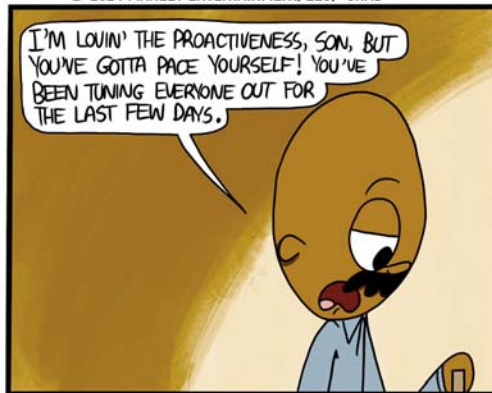
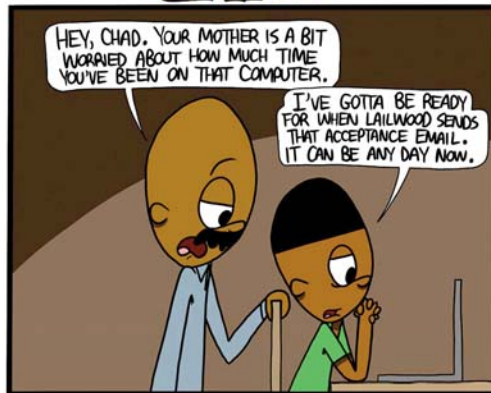
Since the first weekend in February, park volunteers have been busy taking the sweet sap from the sugar maples of Northwest Park and making it into the sweet syrup that will be featured on pancakes. This full breakfast has become a rite of spring and a fitting conclusion to the busy activities at the sugar house.

After breakfast, visitors can enjoy a visit to the sugar house to see how syrup is made, visit the nature center, tobacco museum, and animal barn or take a leisurely walk on some of the park's trails.

Tickets are \$6.00 for adults, \$4.00 for children under 12 and children 3 and under are free. The proceeds go toward projects at the park. For more information call Northwest Park at 285-1886.

CHAD

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CAROL SISTERS CONCERT AT ST. ANDREW'S

OSA Friends of Music is pleased to announce a St. Patrick's Day Concert featuring The Carroll Sisters, a local Celtic duo. The concert will be held at Old St. Andrew's Episcopal Church in Bloomfield on March 17th at 3:00pm and will be followed by a reception with traditional Irish fare including corned beef and cabbage.

The Carroll Sisters Trio is most known for their lively traditional tunes, beautiful harmonies, intriguing counterpoints, and unique musical arrangements on fiddle, cello, and piano. Their music reveals both their old soul connection to the Celtic tradition and their youthful energy and creative arrangements. They've performed in intimate settings such as pubs, farm festivals, house concerts, as well as at larger events like Sober St.

Patrick's Day in New York City (2018) and the Boston Celtic Music Festival (2022-2024). Their 2022 debut album (Daybreak, produced by John Whelan) has been critically acclaimed and featured in Irish Music Magazine, Celtic Life International Magazine, The Irish Echo, Boston Irish Magazine, and Irish and Celtic Music Podcast. that podcast's Top 10 Celtic Bands of 2022 and the Top 5 Bands

All are welcome. Concerts are held in the Parish Hall on the historic campus of Old St. Andrew's Church at 59 Tariffville Rd in Bloomfield. The facility is handicap accessible. Tickets are \$20 each of \$50 per family and are available at: www.oldstandrewschurch.org/purchase-concert-tickets

or by emailing admin@oldstandrewschurch.org or calling 860-242-4660.

THEY WERE HIGHLY TRAINED AND SKILLED. THEY ARE RESPECTFUL AND PROFESSIONAL.



"I am an alumni of Touchpoints at Chestnut. I recently spent two weeks recovering as a result of COVID-19. I would like to say thank you to all of the nurses that attended to my recovery. They are highly trained and skilled. They are respectful and professional.

"In addition, the kitchen staff are very professional as well and the food was good. I cleaned every plate. Also my advocate and the front office personnel were very helpful in answering my questions.

"The physical rehabilitation team were excellent in my physical progress. They were very knowledgeable and caring in helping me to regain health. Thank you Nathalie and your great staff. Thank you one and all."

-David Paradis



171 Main Street

East Windsor, CT 06071

www.touchpointsatchestnut.com

(860) 812-0788

An iCare Health Network Care Center

